

# ROSSLAND POOL SUMMER 2020

We are excited to announce that we are able to open our pool this summer! As expected, things will look different. All pool activities are pre-registered. This means that you will not be guaranteed access if you drop in, due to social distancing and capacity considerations.

If you have not done so already please:

1. Visit [www.rossland.ca/recreation](http://www.rossland.ca/recreation)
2. Create a new account
3. Register for programs, lap swims and public swims as available.

If you have questions or concerns, please call, text or email instead of coming to the Rossland Pool. For COVID-19 updates please go to <http://rossland.ca/covid-19-information-updates> or follow Rossland Recreation on Facebook.

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## Fees

| PUBLIC SWIM / LAP SWIM |       |          |
|------------------------|-------|----------|
|                        | Age   | Drop In  |
| Child                  | 3-6   | \$ 2.00  |
| Youth                  | 7-12  | \$ 4.00  |
| Teen                   | 13-18 | \$ 5.00  |
| Adult                  | 19+   | \$ 6.00  |
| Family                 |       | \$ 15.00 |

| LESSONS                    | 6 classes                | 7 classes | 8 classes |
|----------------------------|--------------------------|-----------|-----------|
|                            | <b>30 minute lessons</b> | \$35      | \$40      |
| <b>45-60 minute lesson</b> | \$50                     | \$60      | \$65      |

| AQUAFIT           |           |      |
|-------------------|-----------|------|
|                   |           |      |
| <b>Wednesdays</b> | 8 classes | \$55 |
| <b>Thursdays</b>  | 8 classes | \$55 |

## Pool Schedule

| Monday  | Tuesday                           | Wednesday                          | Thursday                         | Friday                            | Saturday  | Sunday        |
|---|-----------------------------------|------------------------------------|----------------------------------|-----------------------------------|---|---------------|
| <b>Swim lessons and Summer camps</b> 9 am – 11:45 am                    |                                   |                                    |                                  |                                   |   | <b>CLOSED</b> |
| <b>Lap Swim</b><br>12 – 12:45 pm  |                                   | <b>Aquafit</b><br>12 – 12:45 pm    | <b>Lap Swim</b><br>12 – 12:45 pm |                                   |   |               |
| <b>JULY/AUGUST Public Swim</b><br>1 – 2, 2:15 – 3:15 and 3:30 – 4:30 pm |                                   |                                    |                                  |                                   | <b>Public Swim</b><br>1 – 2,<br>2:15 – 3:15 and<br>3:30 – 4:30 pm |               |
| <b>Swim lessons</b><br>4:45 – 7 pm                                      | <b>Lap Swim</b><br>4:45 – 5:45 pm | <b>Swim lessons</b><br>4:45 – 7 pm | <b>Aquafit</b><br>4:45 – 5:30 pm | <b>Lap Swim</b><br>4:45 – 5:45 pm |   |               |

## Lessons

Please be patient with us this year! Our swim lessons will look very different than you are used to. Our instructors will do their very best to teach the skills while maintaining all requirements for COVID.

### PARENTED LESSONS – ALL PRESCHOOL AND SWIM KIDS 1, 2 AND 3

Due to COVID-19, we are unable to offer swim lessons that require hands on instruction and reduce the likelihood of social distancing. To accommodate preschool and beginner needs, we are offering parented lessons. This means that a parent is required to be in the water at all times with their child providing the hands-on component and ensuring social distancing.

### NON-PARENTED LESSONS – SWIM KIDS LEVEL 4 - 10

The following lessons are non-parented. This means the participant can be in the lesson without their parent. The lesson instructor can not do hands-on instruction and will be required to maintain social distance, more often than not, being out of the water.

## Monday/Wednesday Lesson Sets

| July 6 - 22 (6 classes), 4:45 - 6:45 pm |                     |                    |                            |
|---|---------------------|--------------------|----------------------------|
| 4:45 - 5:15 pm                          | Parented Sea Otter  | Parented Sunfish   | Level 6/7 (4:45 - 5:30)    |
| 5:30 - 6 pm                             | Parented Level 1/2  | Parented Level 2/3 |                            |
| 6:15 - 6:45 pm                          | Parented Salamander | Level 4/5          | Level 8/9/10 (5:45 - 6:45) |

| July 27 - August 19 (7 classes), 4:45 - 6:45 pm |                     |                    |                            |
|---|---------------------|--------------------|----------------------------|
| 4:45 - 5:15 pm                                  | Parented Sea Otter  | Parented Sunfish   | Level 6/7 (4:45 - 5:30)    |
| 5:30 - 6 pm                                     | Parented Level 1/2  | Parented Level 2/3 |                            |
| 6:15 - 6:45 pm                                  | Parented Salamander | Level 4/5          | Level 8/9/10 (5:45 - 6:45) |

## 2 Week Lesson Sets - Tuesday to Friday

| July 14-24 and/or August 4 - 14: 9 am - 11 am |                     |                    |                           |
|---|---------------------|--------------------|---------------------------|
| 9:00 - 9:30 am                                | Parented Sea Otter  | Parented Sunfish   | Level 6/7 (9 - 9:45 am)   |
| 9:45 - 10:15 am                               | Parented Level 1/2  | Parented Level 2/3 |                           |
| 10:30 - 11:00 am                              | Parented Salamander | Level 4/5          | Level 8/9/10 (10 - 11 am) |

## Private Lessons

Pre-registered private lessons focus on Red Cross skills with one or two participants. Give us a call to book a private lesson based on your, and our staff's availability! NOTE: Due to COVID-19, all lessons are hands off. If your child needs hands on attention, we can offer parented private lessons. In addition, we may be able to accommodate family groups booking private lessons. Please contact us for more details.

## SPECIAL EVENTS

Our community rocks! The following businesses' have continued to sponsor our summer toonie swims! All special events are Toonie Events supporting the Rossland Recreation Bursary Program. Patrons must pre-register to guarantee a spot at the swim. Swim times are 1 - 2 pm, 2:15 - 3:15 pm and 3:30 - 4:30 pm on the dates shown. Please arrive on time to ensure you can participate for the full hour!



| Event                | Sponsor   | Day      | Date      | Time   |
|----------------------|---|----------|-----------|--|
| Season Opening Party | Rossland Beer                                   | Saturday | July 11   | 1 - 2 pm<br>2:15 - 3:15 pm<br>3:30 - 4:30 pm |
| Glow Swim            | Halls Printing                                  | Thursday | July 16   | 7:30 - 9:30 pm                               |
| Toonie Swim          | Flux Climbing                                   | Saturday | July 18   | 1 - 2 pm                                     |
| Toonie Swim          | Revolution Cycle                                | Saturday | July 25   | 2:15 - 3:15 pm<br>3:30 - 4:30 pm             |
| Toonie Swim          | Lysenko Law & Mountain Nugget Chocolate Company | Saturday | August 1  |  |
| Toonie Swim          | Better Life Fitness & Infinity Physio           | Saturday | August 8  |  |
| Floating Movie Night | NDCU  | Thursday | August 13 | 7:30 - 9:30 pm                               |
| Toonie Swim          | Bear Country Kitchen & Speedpro Signs           | Saturday | August 15 | 1 - 2 pm                                     |
| Toonie Swim          | Re/Max All Pro Realty                           | Saturday | August 22 | 2:15 - 3:15 pm<br>3:30 - 4:30 pm             |
| Season Closing Party | Delicious Baby and Toddler Boutique             | Saturday | August 29 |  |

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